

# URBANATHLON

**Sunday 2nd August 2009 @ SportCity in Manchester**

**Conquer this unique multi disciplinary race and raise funds for Good Causes.  
You'll run, you'll ford a river, you'll scramble through an  
urban obstacle course... and you'll never, ever forget it!**

Participants negotiate a series of tough obstacles around a challenging, invigorating foot race and obstacle course around SportCity & Clayton Vale. The race will be approximately 5km and can be executed as a solo or as a 3-person relay. All standards are welcome; families, fun runners and super keen! Each competitor will receive an event t-shirt, medal & certificate.

Also featuring the 'Party in the Park' festival in Phillips Park after the race

## Prizes for the following categories

Winners & Runners Up  
Community Team

Winners & Runners Up  
Uniformed Service Team

Winners & Runners Up  
Corporate Team

Winners & Runners Up  
Charity Team

The Urbanathlon™ nominated East Manchester good causes are two groups within the 'Medlock Valley' project see [www.medlockvalley.info](http://www.medlockvalley.info)

These are 'The Friends of Philips Park' [www.philipspark.org.uk](http://www.philipspark.org.uk) &

'The Friends of Clayton Vale' [www.friendsofclaytonvale.org.uk](http://www.friendsofclaytonvale.org.uk) look at the websites for more information.

'Street Games' (charity No: 1113542)

a new National Charity delivering 'Sport in Deprived Communities' For more info see: [www.streetgames.org](http://www.streetgames.org)

For more info look on the web: [www.urbanathlon.co.uk](http://www.urbanathlon.co.uk) or tel: 0845 1300849



Sunday 2<sup>nd</sup> August 2009

## Entry Form

@ SportCity in Manchester

Please tick which section you are entering  
**Individual**  **Community Team Entry**  **Charity Team Entry**   
**Corporate Team Entry**  **Uniformed Team Entry**

Team name: ..... (if applicable, all individual entries use this form as well)

It is a team of 3 runners, all 3 individual times to count, teams are any age & mixed Male / female is allowed

Lead team name: ..... Age (on 2<sup>nd</sup> Aug. 2009): ..... (min age 16 yrs) Email: ..... Male / Female

2<sup>nd</sup> team name: ..... Age (on 2<sup>nd</sup> Aug. 2009): ..... (min age 16 yrs) Email: ..... Male / Female

3<sup>rd</sup> team name: ..... Age (on 2<sup>nd</sup> Aug. 2009): ..... (min age 16 yrs) Email: ..... Male / Female

Lead team name address: .....

Post Code: .....

Tel Home: ..... Tel Work: ..... Mobile: .....

Signed: ..... Date: .....

Preferred Start Time, please tick relevant box:

10.00am  10.20am  10.40am  11.00am  11.20am  11.40am  12noon

To guarantee a place and a confirmed start time please send your entry in ASAP

Entries will be taken on the day but we cannot guarantee your preferred start time  
We will contact you by e-mail to confirm your entry has been received & confirm your start time,  
we will send you directions to SportCity, parking instructions, race numbers etc approx.  
3 weeks before the event and we will also send you a generic sponsor form for your chosen 'Good Cause'  
All entrants must be at least 16 years old on 2nd August 2009.

Do any of the runners suffer from any medical conditions that we should be aware of? If yes please describe below:

Name:

Condition:

I understand that by completing this form, I am giving consent to participate in the Urbanathlon event. Furthermore, I understand that should any medical treatment be necessary, every reasonable effort will be made to obtain consent of the emergency contacts. However, in an emergency, I authorize The Sports Enterprise Challenge Ltd. to consent on my behalf to any medical treatment, which a qualified doctor feels necessary. I understand the organisers will not be held responsible for any injury, loss or harm resulting from taking part in the Urbanathlon and my personal possessions are my own responsibility. I hereby fully understand that some of the events organised by The Sports Enterprise Challenge Ltd. and in which we will be participating may include an element of personal risk or death. We therefore understand and hereby state that we participate in all such events with The Sports Enterprise Challenge Ltd. entirely at our own risk and we hereby acknowledge that The Sports Enterprise Challenge Ltd. and its employees, directors and shareholders shall have no responsibility or liability of any nature whatsoever in respect of our participation in any The Sports Enterprise Challenge Ltd. events. We agree to abide by this disclaimer. I agree to supervised photos & videos to be taken during activities for promotional purposes & for use by accredited partners only. If you object to this, please tick this box.

### Urbanathlon 2009 Entry Fees:

Individuals	Entry Fee
Enter before 31st January 2009	£25
Enter before 31st March 2009	£30
Enter after 1st April 2009	£35
Enter on the day	£50

Team of 3 (All categories)	Entry Fee
Enter before 31st January 2009	£70
Enter before 31st March 2009	£80
Enter after 1st April 2009	£90
Enter on the day	£150

Please make cheques payable to 'The Sports Enterprise Challenge Ltd'

Please send completed application forms to: The Sports Enterprise Challenge Ltd, Unit G3, Barton Hall, Hardy St, Eccles, Manchester M30 7NB  
For more info look on the web: [www.urbanathlon.co.uk](http://www.urbanathlon.co.uk) or tel: 0845 1300849